

FOOD SECURITY

Resources compiled by [Respect & Kanoronhkwátshera Project](#)

Name of organization	Phone number	Email address	Website	Address	Services
The Depot Community Food Centre (<i>Tiohtià:ke / MOAIAK, QC</i>)	514-483-4680	info@depotmtl.org	https://depotmtl.org/en/	6450 Somerled Ave, Montreal, Qc, H4V 1S5	The Depot Community Food Centre, is a community-based non-profit organization founded in 1986 that works collaboratively with other community partners to address issues of food security in NDG and the surrounding areas.
Free Food for Everyone -lah teiokaraïen (Kahnawake, Qc)	514-240-1980		https://www.facebook.com/profile.php?id=61554308174302	1 Towerline Storage, Kahnawake, Qc, J0L 1B0	Free Fruits and vegetables for Everyone in the Mohawk Territory of Kahnawake! Bring your own bags!
Groupe communautaire l'itinéraire (<i>Tiohtià:ke / MOAIAK, QC</i>)	514-597-0238	direction@itinaire.ca	www.itinaire.ca	2103 Sainte-Catherine East, 3rd floor, Ville-Marie, Montreal, QC, H2K 2H9	Accompaniment of marginalized people, publication of L'itinéraire magazine, job integration for Indigenous people, meals, referrals, tax clinic.
Moisson Montréal (<i>Tiohtià:ke / MOAIAK, QC</i>)	514-344-4494	info@moissonmontreal.org	www.moissonmontreal.org/en/	6880 De la Côte-de-Liesse Rd, Saint-Laurent, QC, H4T 2A1	Food gathering and donations.
Native Friendship Centre of Montreal (<i>Tiohtià:ke / MOAIAK, QC</i>)	514-499-1854	info@nfc.org	www.nfc.org	2001 Saint-Laurent Blvd, Montreal, QC, H2X 2T3	Drop-in center for homeless people, warm meals, clothing, showers, laundry, food basket, community dinners, youth services, information and referral, accompaniment for social and medical services, healthcare, legal and social advocacy, social and cultural activities.
The Native Women's Shelter (<i>Tiohtià:ke / MOAIAK, QC</i>)	514-933-5747	nakuset@gmail.com	www.nwsm.info	P.O. Box 183, Station St. Jacques, Montreal, Qc, H3C 2S1	Shelter, food, clothing, assistance in obtaining financial aid and low-cost housing, obtaining necessary identification, advocacy services, accompaniment to appointments, individual counseling, psychotherapy, group therapy, legal and medical needs, workshops: parenting skills, life skills, healthy communication, non-violence, sexuality.
Projets Autochtones du Québec (<i>Tiohtià:ke / MOAIAK, QC</i>)	514-879-3310	info@pacq.org	www.pacq.org/en	169 de la Gauchetière Street East, Ville-Marie, Montreal, QC, H2X 1P5	Crisis intervention, warm meals, emergency shelters, transitional housing, managed alcohol programs, assistance with social reintegration procedures, legal and medical support, group activities.
Resilience Montreal (<i>Tiohtià:ke / MOAIAK, QC</i>)	438-828-8995	resilience.montreal@gmail.com	www.resiliencemontreal.com/	4000 Sainte-Catherine West, Westmount, Qc, H3Z 1P1	Three meals a day, showers, sleeping area (40 spots), first aid, computer access, clothing, crisis intervention, harm reduction,

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					indigenous centered wellness services, mental and emotional support services, medical and court appointment, detox and rehabilitation, document assistance and transport, government documentation assistance, community service, volunteer and compensatory hours programs.
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